

# let your story unfold.....



"knowing I have the yogaworks community to draw on continuously is an enormous advantage as I develop a new life in a new country"

Name... *tanya ravenhill monteiro*

Year Graduated... *NYC, july 2007*

Hometown... *born in durban, south africa, lived in 6 countries since and currently call estoril, portugal home*

Current Career... *yoga teacher and designer of a small yoga-inspired clothing line*

Why YogaWorks Teacher Training... *the focus on alignment, the solid foundation and the diversity of styles provided me with a strong platform.*

How it's helping me now... *I'm proud to be a graduate and especially from afar, the yogaworks online teaching community is such an important bridge*

Future goal... *Completing my documentary based on "10 people from around the world who were sexually abused by a family member and are THRIVING today"*

## YOGAWORKS TEACHER TRAINING

Contact a program advisor today  
310.664.6470 x126 [teachertraining@yogaworks.com](mailto:teachertraining@yogaworks.com)



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